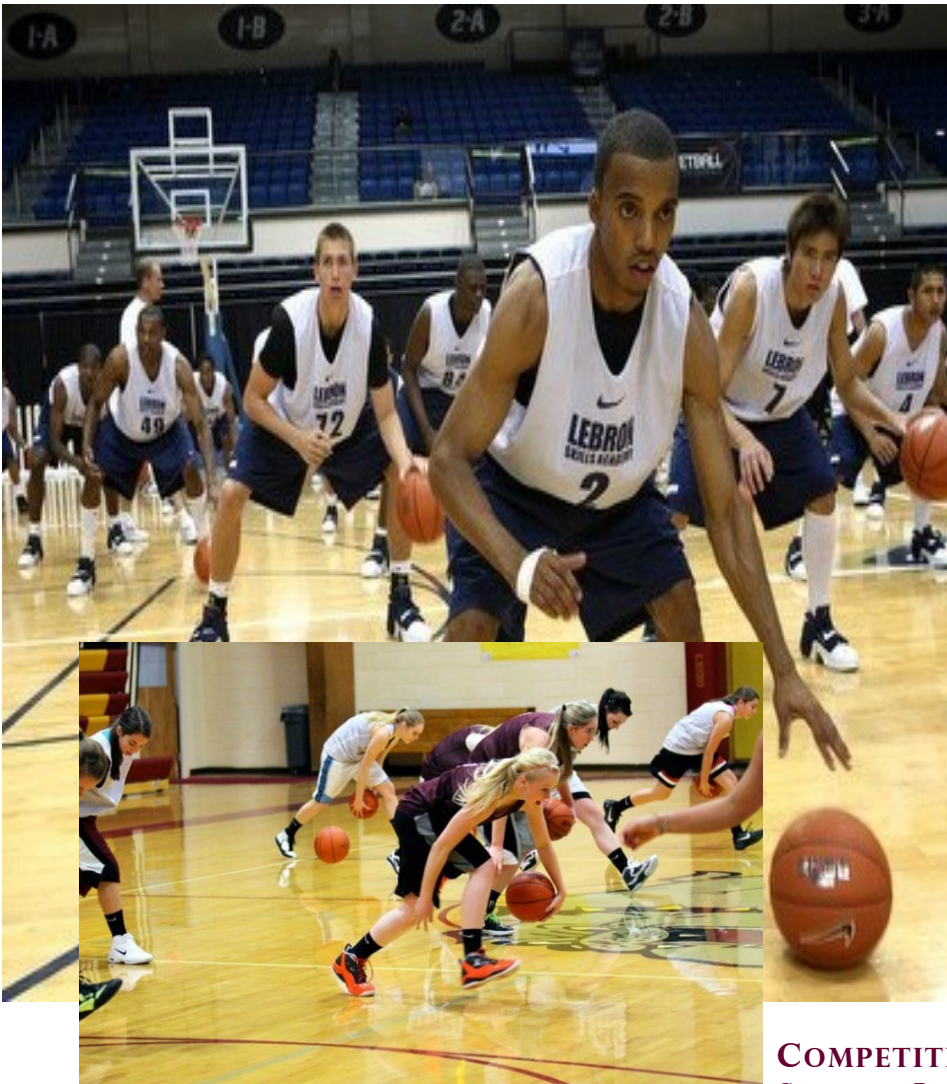


# Basketball Lessons & Workshops



## Program Focuses:

- ◆ Shooting skills
- ◆ Off-the-ball moves
- ◆ Defensive fundamentals
- ◆ Passing
- ◆ Ball-handling

## Special Programs:

- ◆ Strength & Fitness
- ◆ Vertical Training
- ◆ Guard Play
- ◆ Post Play

## PROGRAMS:

- ◆ Skills Training Year Around
- ◆ Fall League Sept—Nov
- ◆ Winter League Jan—March
- ◆ Spring League April—June
- ◆ Summer Travel Program July—Aug

## COMPETITIVE SPRING LEAGUE STARTS APRIL

- Competitive Play
- Register as a team or an individual
- Skills Development, Collection of stats
- All-Star Selection & Awards
- Championship Awards

**Where:** Your Community

**Price:** \$775 per team of 10 \$100 for individual player

**Email:** [info.cadasports@gmail.com](mailto:info.cadasports@gmail.com)

[www.facebook.com/CADAYouth](http://www.facebook.com/CADAYouth)

Becoming a better basketball player can only add to your ability to play your best basketball. The Basketball Academy creates the kind of challenges for players to improve their game. This program is for both boys & girls. 5-11 yrs Small Ball program/ 12-18 Regular program.

**PLAY BETTER BASKETBALL THROUGH TRAINING & A SKILLS DEVELOPMENT. TEAMS, LEAGUES, & CLUB TRAVEL PROGRAM AVAILABLE**

**CONTACT: 780 932 9922**

